



After Your Gynecologic Procedure

For the next 24 hours, or while taking prescription pain medication:

- do not drive
- make no critical legal or financial decisions
- do not drink alcoholic beverages
- do no heavy lifting or strenuous exercise

Diet ☐ regular ☐ as tolerated ☐ other _____

Medications ☐ Percocet ☐ Tylenol #3 ☐ Vicodin ☐ Tylenol ☐ Other _____

Activity ☐ regular ☐ no strenuous activity ☐ other _____

Swimming avoid swimming in public pools for 1 week

Sexual activity none for a week

Wound Care ☐ Keep clean and dry. _____
Remove Band-aids tomorrow.

You may have gas pain for a few days. While you do, wear loose, comfortable clothing.

If you have any of the following symptoms, contact Dr. Stratton through the page operator at 301-496-1211

- temperature of 101 degrees Fahrenheit or above
- excessive or unusual drainage or bleeding
- general malaise
- severe abdominal pain
- unable to urinate within 6 hours of returning home

Appointments

Follow-up: call **301-496-3242**

Bone density scan (Diagnostic Radiology Department)

Doctor visit (NIH Clinical Center, 9 East Day Hospital)

Bring first voided (early morning) urine specimen to your doctor.



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Questions about the Clinical Center? OCCC@cc.nih.gov

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